Study Tips

From a former student and Resuscitator

1. Go to lectures **in person**
2. Print out lecture slides or use an ipad for **hand written** notes (don't type!)

3. First pass should be **right after the lecture** (make anki deck/summarize notes/table summary)
   - You'd be surprised at how much you actually absorb!
   - It's ok if you can't do your first pass right after (sometimes you have 3-4 lectures in a day, do as much as you can and save the rest for the weekend)

4. Use a **study sheet to keep track** of lectures
   - Don't review the lectures in order (**jump around**!)
   - Try to review the material **3 times** before the exam (make a spead sheet to keep track!)
   - On heavier/longer days review "easier" or shorter lectures

5. Leave tutorials until last (so you prioritize studying)
   - Set a time limit for yourself (ie. max 3 hours per tutorial)
   - Osmosis is great for tutorials
   - There are often large themes for tutorials (try to focus on the "weird and wonderful" and what overlaps with lecture when studying for exams)

6. There are sometimes **practice questions** on bright space under quizzes (those questions sometimes show up on exams)

8. It's ok to **be flexible**~ Use your spread sheet to gauge how much you should do today. Some days are light other days are heavy, but it all balances out in the end

9. **Don't study while exercising**!! You need a mental break~get some good music or a podcast to prevent your mind from wanting to drift to school

10. Set a study limit (ie. **never study after 10pm**)

Extra tips:
- Try **active studying** (do quizzes, make songs/ mnemonics/ connections to real life)
- It's ok to combine study techniques (ie. anki, drawings, flow charts, studying with classmates)
- A note on rewatching lectures: I'd suggest going to the lecture in person and taking notes by hand, if you don't understand something (or just spaced out for a minute and don't know what the lecturer just said...we've all been there ☺) make a star in your notes and only go back and re-watch that section of the lecture